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The academic year just whizzed past ... A year packed with expectancy, ebullience, exhilaration and efficacy. Participation, celebrations, expanding horizons, managing curriculum, pocketing trophies & certificates, exchanging thoughts and food and manoeuvring towards destinations-ever unbolting and ever expanding....

“In literature and in life we ultimately pursue, not conclusions, but beginnings.”

- Sam Tanenhaus

FOUNDER'S DAY 07 December 2013

The 14th Founder's Day was a red letter day for The Sagar School. It was a glittering event, showcasing the talent of students in all aspects. Dr. Kavita Sharma, Director of the India



International Centre, New Delhi, former Principal of Hindu College and a prolific writer was our Chief Guest. She distributed the most coveted prizes to the outstanding performers of each class and also to the Cock House and the Best House in academics, sports and CCA respectively.



She congratulated the School for being rated as the number ONE Co-educational Boarding School in Rajasthan by Education World. She addressed the gathering and stressed upon the importance of values for the overall development of a child. The Principal proudly presented The Annual Report highlighting the achievements and accolades accomplished by our students and staff during the academic session 2013-14. The Chairperson congratulated the staff and students on the achievements. She further spoke on the milestones and the prospects that the School will undertake in future to reach greater heights. The Director recollected our Founder Late Dr. Sagar's contributions, accentuated the recent developments and projects undertaken by the School.



The dance drama 'Magic Years', directed by Mr. Feisal Alkazi, reflected the tempestuous teenage years. More than 150 students enthralled the audience drawing their attention to the trauma

faced by them. The audience applauded the spectacular play that forced to rethink and revisit the approach towards today's youth.

Editorial Board

Editor: Ms. Shivani Gupta
Design Editor: Mr. Arjun Singh
Photographs Mr. Amit Singh

The Sagar School
Tijara, District Alwar
Rajasthan - 301 411
Tel. No.+91 99833 08801 - 04



The guests and parents found themselves admiring the impressive presentation of the Heritage Project undertaken by the School students, which included models on



India's harvest festivals, water harvesting project undertaken on campus, agricultural patterns in the neighbouring areas and a project on Unani Medicine. Infor-

mation on local and traditional food, creative expressions in the form of poems, masks, wind chimes, sketches, paintings displayed enthralled the visitors. A glimpse into the rural lifestyle and traditional practices related to zodiac signs added to the retrospective aura of the exhibition. The Painting and Art Gallery was one of the focal points of the exhibition. The display by the Jewellery, Carpentry and Gardening Clubs encapsulated the talent and ingenuity of our students. The Astronomy Club displayed the models of the Sundial, Mangalayaan and Mars Launch Window.

Everyone savoured the mouth-watering food items and games' stalls at the Fete. The stall of The Sagar Foundation displayed lovely and colourful handicrafts, jewellery, bags, pickles, chutneys and many other products. The products on display were made by the women from nearby hamlets.

CO-CURRICULAR ACTIVITIES

OLYMPIADS

FINANCE OLYMPIAD

Eduheal Foundation (EHF) and Bombay Stock Exchange Institute (BSEI) organised the 2nd BIFO-BSE International Finance Olympiad. Nine Sagarians won the gold medal and qualified for the second round. Aryaman Gir of class X, Sung Chang Kyung of class XI and Sofia Khan of class XII have qualified for round three at International Convention Centre, Bombay Stock Exchange Ltd, Mumbai.

ENGLISH OLYMPIAD

Helga Khumanthem of class VI bagged the 6th International and 4th State Rank; Rinchen Norbu Rinzing of class XII received 24th International and 6th State rank. Kanika Khokhran of class VIII, Mandy Khumanthem of class IX, Aryaman Gir of class X, Sumit Kumar Rohilla of class XI also achieved positions in the top 20 at the state level.

SCIENCE OLYMPIAD

Prakhar Bansal of class X won the gold medal and qualified for the second round.

MATHS OLYMPIAD

Aman Aggarwal, class VII, Nandaraj Wahengbam of class VIII and Kwon Hankyul of class IX won the gold medal and qualified for the second round.

A SPECIAL GUEST

14 January 2014



Ms. Sharmistha Julka introduced the visitors from Brazil - Mrs. Miriam & Mr. Rana Gosain - at a special assembly. Mr. Gosain spoke about his life and times as an attorney and highlighted various aspects of Intellectual Property Rights. Students listened in rapt attention to his insights on patents, trademarks and the significant role the emerging economies of the BRICS countries are

expected to play in the future. The children also sought information on Brazil and the country's various fascinating aspects including tourism. The Students' Council members had the honour of having lunch with the couple and interacting with them.

RAMAN MUNJAL DEBATE COMPETITION

22 January 2014

Archana Yengkhom, Parth Yadav and Mayank Agrawal all of class IX are commended for their participation in the 11th Annual Raman Munjal Inter-School English Debate Competition. The contested topic was, 'Today's teenagers are more worldly wise than their parents'.

INTER-HOUSE COMPETITIONS

INTER HOUSE TABLEAUX AND PARADE COMPETITION

26 January 2014



The 65th Republic Day was celebrated with great splendour. The Tricolour unfurled on a bright Sunday morning as each Sagarian sang the National Anthem in unison. A parade inspection was carried out by the Principal and this was followed by Inter- House March Past Competition. The perfect rhythm and beat of the band along with the synchronised march added to the aura of the celebrations. 'Hum naujwan hai watan ke, un shahido ko apna salaam' by the School choir echoed the patriotic fervour. The speech by Sudeeksha Gupta of class IX highlighted the importance of Republic Day for today's generation. Addressing the staff and the students, the Principal emphasised on the necessity for today's youth to appreciate the available resources and also to cultivate values along with a positive approach and this

in turn would help the country to prosper. She also advocated the need to be innovative for an individual to stand out in the crowd. For the FIRST time we had the Inter House Tableaux Competition and the four houses left no stone unturned to make it a success. These moving exhibits depicted multi-hued images of India's rich cultural heritage. The display of traditional music, costumes and culture by each house truly brought alive the image one has seen at the Republic Day Parade.

The Diamond House Float depicting Rajasthan, the land of kings, camels, Jal Mahal, Jantar Mantar, and the sun dial, the eternal lovers-Dhola Maru and the Ghoomar dance captivated all. The Emerald House Float displayed the snow clad peaks of Jammu and Kashmir-the paradise on Earth, the stunning Shikara shop and the Roof dance. Ruby House Float with God's own land, Kerala-portrayed Padmanabh temple, Kathakali dance and Carnatic music. The Eastern Indian states were represented by the Sapphire House float with amazing models of the Howrah Bridge, Jagannath Puri and Lord Buddha. Students in traditional and elegant costumes provided a kaleidoscopic view of India's cultural heritage.

The Equestrian Show by our ace riders elicited great applause, Nikhil Kataria of class X, Kapil Rana of class X, Arjun Sangwan of class IX, Mandeep Chauhan of class VII and Nitin Mehlawat and Arnav Rai both of class VII exhibited their riding skills in Horse Polo, Tent Pegging, Gymkhana and Show Jumping and left everyone spellbound.





Also, continuing the tradition of 'Service Before Self' the staff and the students along with the Principal gathered in the Kitchen to prepare the Special Lunch including chopping to cooking to serving everyone including the Sodexo staff. Salads, vegetables, the tricolour puris and kheer were all on the menu and like a big family all were busy completing the tasks.



DAINIK BHASKAR JUNIOR EDITOR

A National Level Junior Editor Competition sponsored by Dainik Bhaskar, a popular Hindi daily, was held in February 2014. Fifty four of our students participated to exhibit their talent and creative writing skills in English and Hindi. They wrote various articles, interviews and advertisements and drew pictures on a 12 - page model newspaper with great enthusiasm.



Shourya Negi of class IX was one of the Meritorious Winners at the National Level while six others won at the State level: Kritika Punia and Harshit Jain both of class IX Pragyan Thapa and Parvinder Udayan both of class X and Thoinu Karam and Sonia Bohra both of class XI.

INTERNATIONAL AWARD FOR YOUNG PEOPLE (IAYP) 13 March 2014

IAYP has been an integral part of the School curriculum. The students, on completing fourteen, are encouraged to enrol for it and make a difference for themselves and the community. Six of our students completed the four mandatory sections of Service, Adventurous Journey, Skill & Physical Recreation and were honoured with medals and certificates. While giving away the prizes the Principal said, "The Award greatly compliments the curriculum offered by the School; it creates confidence, teamwork and allows students to grow in ways they never dreamed of." She encouraged the students to keep up the spirit and uphold the indomitable human spirit. The IAYP students visit the neighbouring Malliyar Village every Wednesday for community service where they teach the village children as well as spread awareness about hygiene and cleanliness. Silver Standard (IAYP rank) was completed by Jairaj Singh Saluja of class XI and Bronze standards were completed by Ayush Sharma of class X, Jaskaran Gupta of class XI, Kanika Marwah of class X, Mihir Khandelwal of class X and Madhur Gupta of class X.

ASTRONOMY CLUB: SUN PROJECT

January- March 2014

Under this project, sunrise and sunset moments were captured from the School observatory by the staff and students of the Astronomy club. A video of different phases of sunrise was shown to the students. They also viewed the Sun through a solar filter. Data from the Udaipur Solar Observatory was taken to analyse the period of rotation of the Sun around its own axis. The same was calculated by the students based on worksheets given to them. Sunset timings were also recorded and students marked the spots of sunset on a panorama with exact date and time for a period of more than thirty days. Junior students also viewed the Sun through a solar filter and saw Sun projections with the help of plane mirrors.

CELEBRATIONS!**Christmas Party at the Director's Residence**

Our Director gave a grand Family Christmas Party to all the staff and their families at her beautiful residence in Bhondsi. The graciousness of the entire family in making a very special effort to open their doors and interact with each individual is indeed cherished. Ms. Anuradha Dravid, member of the School Management Committee was also present. The merriment continued with many games, songs, gifts, fun and frolic. It was truly a time of rejuvenation and celebration.

Bon fire on the occasion of Lohri

The Lohri bonfire together with the sweets and peanuts lent warmth to the evening chill and a special dinner added to the cheer.

**Kite Flying on Makar Sankranti****FAREWELL TO CLASS XII****18 February 2014**

For the graduating students of Class XII, a very special Farewell ceremony was organised under the guidance of Director, Ms. Sharmistha Julka. The Chief Guest for the occasion was Mr. Ranjan Chatterjee, Expert Member of the National Green Tribunal, Principal Bench, New Delhi. The students of class XI ushered their elegantly dressed seniors while their pen pictures were being read out. All the outgoing students participated in the candle lighting ceremony.

Mr. Chatterjee addressed the students and stressed on the importance of following the truth in one's life. He sensitised them towards love for nature and to place their trust in sustainable development. He along with our Director felicitated each student with a memento, a badge and the 2nd edition of *Reminiscences @ Sagar* which captured their memories and thoughts of their life at School. The Director, while speaking to the audience consisting of students, parents and teachers, stressed on



the three Golden H's- Honesty, Hard work and Humility. The Principal urged the students to allow themselves to be led to the future with self-assurance and belief.

We had some emotionally overwhelming moments spattered with humour during speeches as students spoke their hearts out. The heart felt gratitude towards their teachers, the mischief and the bonding all added to the nostalgic atmosphere. It was indeed a poignant ceremony. In the evening a dance party was organised for the students of class XI and XII. Everyone grooved to the foot tapping beats of the professional DJ and enjoyed themselves thoroughly.

Colour-sprayed faces at Holi



SPORTS

INTER SCHOOL PARTICIPATION AND ACCOLADES

59th School Games Federation of India U-17 (BOYS) 2013: We Become National Players

At the 59th School Games Federation of India U-17 (boys) Football Tournament, held in Tripura, Pragyan Thapa and Ayub Khan of class X represented the CBSE India Team after being selected by the committee at Jodhpur in December 2013. Pragyan Thapa was selected as the captain and Ayub Khan as the goal keeper. The event was formally inaugurated by the Hon'ble Chief Minister of Tripura, Shri Manik Sarkar. Altogether 30 teams participated in the tournament and it was a good exposure for our participating students. Pragyan Thapa said, "A dream come true! As the captain of the team I had to figure out, how to motivate the team and help them realise that we were playing as a team and not as individuals. Eventually it did help my team. The lessons I have learnt from this tournament include new strategies and skills which I picked up when I observed the best players competing." The teammates praised both the captain and goal keepers for their techniques and skills. The goal keeper Ayub Khan said, "It felt good participating because we were playing against the best teams from across the country." Our coach, Mr. Tan Singh Chauhan was selected as the Coach of the CBSE India Team. According to the coach, "It was an honour to participate in this national tournament. The experience at this stage would surely help the players to perform better."

Archana Yengkhom of class IX represented the CBSE India Team in the National Basketball Championship (U-16) girls at Chhattisgarh. She was delighted to be a part of the team and the first win against Uttar Pradesh Team made her exuberant. According to her, "It was a great learning experience for me and I would cherish it forever."

Tennis Tournament

From 9th to 12th December 2013, our Lawn Tennis Team participated in the 2nd Pathways Invitational Inter-School Tennis Tournament, conducted by the Pathways World School Aravalli, Gurgaon. Our team captained by Kunal Rao of class XI and coached by Mr. Sameer Agarwal reached the quarter finals. Yatin Madaan of class XI, Shailesh Rathee of class X, Harshvardhan Godara of class XI and Madhur Gupta of class X deserve special mention for their skills.

FRIENDLY SPORTS MEET- REMFRY AND SAGAR AND THE SAGAR SCHOOL

13 -14 December 2013



Remfry & Sagar (R&S) vs The Sagar School (TSS) – friendly matches are always eagerly awaited. This year the two action-packed days on campus were no different. From the lively badminton matches and the thrilling table tennis games to the nail biting Cricket Match and an equally dramatic commentary full of light hearted banter during the game, filled the air with a lot of excitement and anticipation.

The Sports Centre bubbled with excitement when one out of the three Badminton matches was won by Mr. Prabeen Sahu & Mr. Mukesh Kumawat of TSS while the other two matches were won by Mr. Ashok Nair, Mr. J.V. Abhay and Mr. C. A. Brijesh of R&S.



Mr. Tan Singh of TSS claimed a thrilling table tennis single's victory while the second single was won by Mr. Nitin Kalra of R&S. The doubles' too was won by Mr. J. V. Abhay and Mr. Amol Dixit of R&S.

For the 20-20 friendly cricket match, TSS won the toss and elected to bat first. TSS team captained by Mr. Raju Singh put up a score of 118 runs. The R&S team led by Mr. J. V. Abhay chased and surpassed the score aggressively in the 18th over itself amidst loud cheering of an equally excited audience. Ever since inauguration of the trophy this was the FIRST time that it was claimed by Remfry & Sagar! Mr. Suresh Rawat (R&S) bagged the Man of the Match Award; Mr. Ashok Nair (R&S) was declared the Best Bowler and Mr. Ritam Rawal (R&S) bagged the Best Batsman Award. Ms. Julka awarded the trophies to the winners!

Mr. Ashwin Julka, Managing partner Remfry & Sagar, our Director and the Principal congratulated the winning team and hoped for an equally enticing match the next year too. The visitors appreciated the food and hospitality provided.

INTER-HOUSE COMPETITIONS-SPORTS

Athletics

16 -19 December 2013

The Sagar School Athletics team kicked off the season on a sky-high note when 72 boys and 41 girls from all the four houses Diamond, Ruby, Sapphire and Emerald participated in the Inter House Athletic Championship. The most awe-inspiring events were the 100 mt, 200 mt, 400 mt, 800 mt, 1500 mt, 4 × 100 mt, and 4 × 400 mt. The students displayed dexterity, control and fast reflexes while participating in various events like: Long

Jump, High Jump, Triple Jump, Shot Put Throw, Discus Throw and Javelin Throw. Trophies were given to the winner houses for Proficiency Test, Athletic Events and Over All Athletic Championship. Best athletes in all the five divisions were also awarded.

Diamond House was declared the overall Champion of the Meet.

Principal Ms. Jayshree Balasaria and Head of Pastoral Care, Mr. Y. S. Kanyal awarded and encouraged the students for their performance.



Tennis

17-21 January 2014

The Inter House Championship was organised on league cum knock out basis in the three categories for the girls and the boys (junior and senior category).

Participants really enjoyed playing on synthetic courts; the first semi-final was played between the students of the Emerald and Sapphire House. Hitting 6 Aces in the match, Harsh Vardhan Godara of class XI of Emerald house played exceptionally well. His match against Shailesh Rathee of class X from Sapphire House was



really sensational! Sapphire House emerged as winners in Division B (senior boys) and Division C (girls) whereas Emerald House bagged the First position in Division A (junior boys).

Cricket

27 January - 1 February 2014



The budding cricketers of The Sagar School displayed their spirit at the Inter House Cricket Championship conducted on league cum knockout basis. The enthusiasm of Division B Boys (senior boys) was indescribable. The zeal to earn points for their respective house, the practice sessions and the league matches all made it a great session. Their enthusiasm rubbed off on Division A (junior boys) as they took charge to keep their respective House at the forefront. The toughest opponents won the championship with Emerald House emerging as the winner, closely followed by Ruby, Diamond and Sapphire House respectively.

TRIPS & EXCURSIONS

VISIT TO NATIONAL MUSEUM

12 December 2013

Selected students from classes XI & XII C - Humanities stream - along with two teachers: Mr. Morgan Martin and

Ms. Ananya Bedi, visited the National Museum, Delhi. Students were guided by the teachers and various topics were introduced for the purpose of research. They found interesting-Mughal miniature paintings, Buddhism-its origin, art and sacred relics and Harappan artefacts. It was a good learning experience for the students as well as the teachers. Students took pictures and used the information for their History projects.

JAIPUR LITERATURE FESTIVAL

19-20 January 2014



The Jaipur Literary festival, this year too was a much looked at event and was highlighted by readings, debates, discussions, conversations and interactions with famed literary figures. Pururaj Gandhi, Christy Nameirakpam, Nilza Wangmo, Prahlad Khonthoujam, Aarushi Sharma all of class XI with Ms. Priya Wadhwa had the privilege to be a part of this extremely enriching and nourishing experience. Nilza remarked, "It was chicken soup for the soul". The students benefitted from various talk sessions by the famous Mr. Amish Tripathi, Hindi novelist and the short story writer Ms. Geetanjali Shree, the Marathi Director and screenplay writer Mr. Sachin Kundalkar and famous translators like Mr. Rahul Soni, Mr. Carlos Rojas and Mr. Jerry Pinto who shared their thoughts on maintaining beauty and fidelity of texts in translation. The session by the vivacious Journalist and Columnist Ms. Bachi Karkaria, in conversation with Mr. Indrajit Hazra (author and journalist) and Mr. Shovon Chowdhury (blogger and amateur humourist) kept the audience in splits.

Pururaj Gandhi of class XI, had the fortune to be exclusively interviewed by a journalist on his experience at the JLF and Christy was complimented for her repartee by Mr. Amish Tripathi.

WORLD BOOK FAIR**22 February 2014**

Eighty-one students across all classes visited the World Book Fair, Delhi, on Saturday, 22nd February. This fair which is a major event for all bibliophiles was hosted at Pragati Maidan and had an amazing and extensive array of books from writers and publishers from all over the globe. The Sagarians reached in the morning and immediately made a beeline for the various halls, where they could find their favourite authors. They browsed happily and came back loaded with books and during the return journey most of the students were engrossed in reading or animatedly discussing the books they had purchased.

SAGARIANS AT KINGDOM OF DREAMS**14 March 2014**

Students from classes IV to VI enjoyed a day's outing at the 'Kingdom of Dreams', Gurgaon. They were escorted by four teachers and spent happy hours in this leisure destination. The children visited the Culture Gully, The Art and Crafts village and the 'Nautanki Mahal'. The 5D show and the Musical Comedy- 'Jhumroo' delighted the young visitors. Children also relished mouth-watering

WORKSHOPS & TRAINING PROGRAMMES**One Globe Conference- 2014****7-8 February 2014**

The third annual 'One Globe: Uniting Knowledge Communities' Conference was organised on 7th-8th February, 2014 at the Hotel Imperial, New Delhi. The international forum which is sponsored by Salwan Media, brings together diverse global perspectives on creating a 21st century knowledge based economy in India and South Asia and is patronised by our Chairperson, Ms. Rosemary Sagar. The conference was attended by



Principal, Ms. Jayshree Balasaria alongwith Ms. Geeta Khokhran and Mr. Morgan Martin. Hon'ble Minister for External Affairs-Mr. Salman Khurshid gave the inaugural address. With over 250 distinguished delegates, representing various countries, it was an engaging forum where stalwarts

from government, academia, business, non-profit and multilateral institutions and diverse fields deliberated and discussed the various elements ranging from learning to creation of world class universities, to the use of technology in the dissemination of knowledge, to rapid urbanization and creation of smart cities. Of special relevance and interest were the deliberations and discussions related to the challenges and opportunities in skill development in India by encouraging entrepreneurship and the role of Media in Education Policy. The information session conducted on 8th February and attended by 11 senior students, was immensely profitable for those aiming to study abroad with its objective 'How to



Make Studying Abroad Simple'.

It focused on how to ace your tests, create resumes and cvs, tips and tricks on financ-

ing your education abroad. The panellists informed the students on how to prepare themselves for the admission process. Our students were forthcoming in their queries and gained a lot from the interactions and are now much better prepared and informed about this aspect of studying abroad.

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FRENCH WORKSHOP

7 February 2014

Our French Teacher, Mr. Bharat Gulati attended a 1 day French workshop held at Salwan Public School, Gurgaon.

Ms. Caroline Schmitt, Attaché de cooperation pour le francais, Institute Francais, French Embassy; Prof. Romey Borges (Retd.) Ph.D. French, JNU and Dr. Farida Irani from DU were the resource persons. The focus of the workshop was to share the best practices in teaching of French language.



GURGAON PROGRESSIVE SCHOOL CONFERENCE-12th ANNUAL CONFERENCE

8 February 2014



The 12th Annual Conference of Gurgaon Progressive School Council was held at the Epicentre in Gurgaon on the 8th February, 2014. Principal along with six teachers represented The Sagar School. The theme of this year's meet was: 'School Education: Challenges Ahead'. The Chief Guest of the event was Dr. Prem Vrat, Vice Chancellor, ITM University, Gurgaon. Professor Chand Kiran Saluja, Mrs. Amrita Burman, Ms. Nasreen Khan,



Mr. Sandeep Sethi, Professor Marmar Mukhopadhyay and Mr. S. Balan were the speakers. The conference proved to be immensely beneficial with many valuable insights and inspired teachers to equip themselves to face the challenge of laying the foundation of nation building in the classroom itself.

CAREER COUNSELLING SESSIONS

March 2014

Ms. Puja Dawar Rao, career counsellor of our school, counselled the students of class X on the Aptitude Test. She advised and recommended them on the streams to opt for in class XI.

EXPRESSIONS



Khumlong T Avennoho, class XI



Zuren T Kikon, class XI



Lisenbeni Humtsoe, class XI



Aarushi Sharma, class XI



Imsulong Jamir, class XI

REFLECTIONS*Creations from Creative writing workshop***Recipe for Laughter: Christy Nameirakpam, class XI**

Ingredients:

- ◆ 1 cup of universal mojo
- ◆ Vessels of different shapes and sizes for containing smile
- ◆ Hearts pumping with enthusiasm
- ◆ Agents like jokes, comedians
- ◆ Some brain cells for processing

Method:

First of all the agents like joke and comedians are put into action. The brain cells are made to receive the idea and process it until the universal mojo flows into our hearts and it beats faster and faster resulting in an end product which cannot be revealed unless it is genuine enough.

Guess what it is?

It does not cost anything!

Yeah, you're right, it's LAUGHTER.

Recipe for Friendship: Nilza Wangmo, class XI

Ingredients:

- ◆ 2 sane people
- ◆ 5 tsp. spoons of laughter
- ◆ 10 tsp. spoons of trust
- ◆ 3 ½ tsp. spoons of enjoyment
- ◆ 6 tsp. spoons of love
- ◆ 2 tsp. spoons of care
- ◆ 5 tsp. spoons of smile
- ◆ 3 spoons of understanding

Method:

Add all these ingredients together and mix pinch of salt to get right taste of naughtiness. Refrigerate for approximate 20 minutes. Garnish it with smile. You'll get a true, cool and loving friend who will be always beside you to hear your problems and give a solution for it.

Recipe for Traffic Jam: Ruovinuo Sekhose, class XI

Ingredients:

- ◆ One rash driver
- ◆ One ignorant driver
- ◆ One nervous driver
- ◆ A number of other cars following

Method:

It's very easy. Mix all the three drivers (rash, ignorant, nervous) together on a highway of any length of a two-way or one way road and we have an hour or two long or may be even longer wait on the road called traffic jam.

Happiness

Happiness is red like roses and other flowers because it reminds me of being in love and peace. And also blue like water because it seems so fresh. Happiness makes me forget all my anger. I live in hearts.

Recipe for Friendship Cake: Abhipsa Panda, class XI

Ingredients:

- ◆ 100 ml love, affection
- ◆ 50 ml sharing
- ◆ 20 ml care
- ◆ 90 ml togetherness
- ◆ 100 ml acceptance
- ◆ Trust syrup according to taste
- ◆ Joy, amusement

Method:

Take 100 ml of pure affection in a pan. Add 50 ml sharing of thoughts and 100ml acceptance to bring in the right shade of love. Mix them thoroughly. Add 20 ml care and 90 ml of togetherness. Whisk the mixture and add some trust syrup to make the mixture a smooth paste. Empty the mixture in a heart shaped container and bake it in the oven on 20c. Decorate it with cream of laughter, joy, fun and promise.